



FSC POLICY ON ALL-STAR TOURNAMENT TEAMS

Folsom Freedom “B” Travel Teams for the 10U, 12U, 14U Divisions

General Description

FSC All-Star teams, known as Folsom Freedom “B” Tournament Teams, are traveling softball teams that represent the Folsom Softball Club. They are made up of players who played in the Recreational Division of the FSC throughout the spring season. Teams play by tournament softball rules which differ from FSC spring recreational league rules. For example, there is no limit on pitching time and the dropped third strike rule applies. Most “B” tournament teams will compete from early June through mid-July, however some teams may choose to stay together and compete in fall tournaments as well. Tournaments are typically two days – Saturday and Sunday. On Saturday, teams compete in three games, where the outcome determines the seeding for a single elimination tournament, typically held on Sunday. A successful team might play up to four games on Sunday to win a championship. As with all Folsom Freedom teams, there is no specific play time expectation. However, generally players should expect to play at least the equivalent of one game per tournament. Play time will be determined by the coaching staff, but is typically a direct reflection of an individual’s talent, effort and attitude on and off the field.

Player Eligibility

Player eligibility is summarized on the [GSSA Web Site](#) (Greater Sacramento Softball Association), dated 1/26/2009.

- Players must have played in the recreational division of Folsom Softball Club.
- Teams must not practice or play together before May 1st of the current season.
- If a majority of players are selected from a single recreational team refer to GSSA Rules and Regulations for additional detail to validate eligibility (likely only applies to 14u).
- Players must play a minimum of 50% of the current seasons’ league games, and may not have played on any travel-type team after March 31st. Special exceptions may apply for players who incur an extended injury or illness during the spring season. See FSC Player Agent and VP of Comp for additional details.

Manager and Coach Selection Process

- The FSC Coach Agent will poll all head coaches and managers for each of the eligible divisions (10U, 12U, and 14U) in mid-April to determine who is interested in coaching or managing the All Star Team. All interested coaches and managers must be approved FSC coaches and have been present at a minimum of 50% of their spring season games and practices.
- The Coach Agent, VP of Comp and Teams Director of the Comp Division will interview each respective candidate, review their letters of recommendation, and bring the names of the Managers and Coaches they recommend to the FSC Executive Board for approval.
- Additional assistant coaches, will be approved by the VP of Comp, Comp Teams Director and Coach Agent.



- Along with all of the team managers of Folsom Freedom Teams, once selected the manager of each team becomes a member of the Comp Committee until their team stops playing tournaments.

Player Selection

- All players meeting eligibility requirements are eligible to try-out for their age division team.
- With guidance and direction of the FSC Comp Committee, the coaching staff of each all-star team will hold a tryout from which they will select the players for their teams (approximately 12-13 players per team). It will be up to the discretion of the manager for each team whether to select up to 2 alternates for the team.
- Tryouts will occur in early May.
- Selected all-star players for the respective division teams will be announced at the FSC closing ceremonies.

Tournaments

- All Star Teams will play in 4-6 tournaments during the months of June-August. Examples include Stars of Cordova (Rancho Cordova), Piece of the Rock (Rocklin), Class "B" Association Championships (location varies), and the NorCal All-Star Tournament (location varies).

Cost of Participation on an All Star Team

- Estimated player cost \$250-300 for 4 to 6 local tournaments.
- This estimate is based on local tournaments typically costing about \$30 per player. The estimate also factors in the fees for the required team bag and team jersey (Folsom Freedom). Based on the season and coach suggestion, the team may decide to participate in out-of-town tournaments (i.e. Western Nationals or other "B" division tournaments in Northern California). Out of town tournaments will have additional costs for hotels, food, and other travel-related expenses.
- It is the responsibility of the Team Manager to provide cost estimates to the players during the selection process.